

THIS FORM SHALL BE READ WITH A PARENT OR GUARDIAN, SIGNED AND RETURNED TO YOUR COACH BY THE FIRST PRACTICE

I am aware that playing or practicing to play in any sport or athletic activity can be dangerous and involve many risks of injury. Because of those dangers and risks, I recognize the importance of following the coaches' instructions regarding playing, training techniques and team rules. I agree to obey said rules and instructions I also agree to report all injuries to my coach as soon as possible after the occurrence and not attempt to participate in the activity until I do so.

Print Child's Name _____

Signature of Child _____

I, the parent/guardian of _____, understand the dangers and risks involved in cheerleading as indicated above. Recognizing these dangers and risks, I give permission for my child to participate in all activities of the sport, including, but not limited to, trying out, practicing and playing/participating in that sport. I agree to report all injuries to the above-mentioned player to her coach with 24 hours of their occurrence.

Print Child's Name _____

Signature of Child _____

I understand that parent and supported power is the lifeblood of volunteer organizations. Small contributions of time promote sharing of the workload and builds community within the organization.

To support my child and the organization, I will volunteer to serve on the following committee(s):

Please choose at least one: Fund-raising_____ Concessions_____ Banquet_____ Coach_____

SEND COMPLETED FORM with Registration, Emergency Information Form, & Registration Fee (checks payable to PYFL)

to: **Portland Youth Football, PO Box 8524, Portland, Maine 04104**
Contact **Chip Martin** 207 653-8076 or dmartin7@maine.rr.com